



Transition CareProgram

What is the Transition Care Program?

The Transition Care Program (TCP) offers short term care (up to 12 weeks) for you to regain your health and mobility after a hospital stay. You are well enough to leave hospital, but still need help with daily living. TCP is there to support you remain as independent as possible, delaying the need for long term care. It may include:

- **Nursing support** to help with wound care and/or medication management.
- **Personal care** to help with hygiene, cleaning, and/or food preparation.
- **Physiotherapy** to help strengthen and heal your body.
- **Occupational therapy** to give you the tools to safely enjoy living at home.
- **Social work** to connect you to things important to you.
- **Speech therapy** to help you stay connected with loved ones.
- **Dietary advice** to ensure you are fuelling your body with foods to keep you healthy and strong.

The purpose of TCP is to get you well enough to return home and live independently. During your TCP stay, discussions will be had about your long term care.

Where is TCP delivered?

TCP can be delivered at home, in an aged care home, or a mix of both. This depends on what type of care you need.

What does the TCP cost?

TCP is mostly funded by the government, but you are expected to contribute to your care.

- **TCP in an aged care home** – maximum cost is 85 per cent of the basic daily rate of the single age pension.
- **TCP at home** – maximum cost is 17.5 per cent of the basic daily rate of the single age pension.

Before starting TCP, you will be required to sign an agreement with the TCP provider that states associated costs. If you cannot pay, speak to your social worker to discuss your options. No one will be denied a service if they cannot afford to contribute.



What can I expect?

You will undergo an assessment by an Aged Care Assessor (ACA) in hospital and if TCP is suitable, your social worker will discuss the best model of care. If going to an aged care home, you will nominate your preferred area or location. We will do our best to facilitate this, but in some instances, you will need to receive care where a spot is available.

How it works

1

Once you are well enough to leave hospital your care team recommends you for TCP.

2

An ACA approves and refers you to TCP in an aged care home or at home.

3

You will be asked to list a minimum of 3 preferences of service providers or locations of TCP services.

4

Referral is matched and accepted by a TCP provider in an aged care home or TCP at home.

5

Your social worker coordinates your discharge. You then enter the TCP home and commence support services, or you commence TCP in the community, upon discharge from hospital.

6

You and your family are supported to make decisions about your long term supports during your TCP stay or service.

Complaints and feedback

If you are unhappy with your transition care service experience, contact the Transition Care Service provider (Facility Manager) concerned. If you have concerns about your care in hospital or transfer to the TCP facility, use the hospital complaints process. If the matter isn't resolved, scan the QR code or visit the TCP page on healthywa.wa.gov.au for how to escalate your concerns.

If you have more queries about TCP during your hospital stay, speak to your social worker:



For more information scan the QR code or visit the TCP page on healthywa.wa.gov.au

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