



# Quick reference – advance care planning resources in WA

## Person needs more information about advance care planning and beginning the process



### Your Guide to Advance Care Planning in Western Australia: A workbook to help plan for your future care

**Type: Instructional workbook**

A workbook with activities to gather thoughts, get started and guide people through the 4 elements of advance care planning: Think, Talk, Write, Share.

[healthywa.wa.gov.au/ACPworkbook](https://healthywa.wa.gov.au/ACPworkbook)



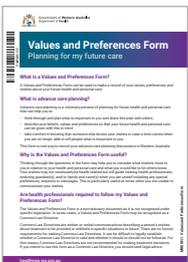
### Advance care planning brochure (A4 format or DL brochure)

**Type: General information – brochure**

Provides a basic overview of advance care planning, why it is important and what is involved in the 4 elements: Think, Talk, Write, Share.

[healthywa.wa.gov.au/AdvanceCarePlanning](https://healthywa.wa.gov.au/AdvanceCarePlanning)

## Person knows their values, beliefs and care preferences but is not ready to record specific treatment decisions



### Values and Preferences Form: Planning for my future care

**Type: Non-statutory form**

This form allows a person to record their values, preferences and wishes (not necessarily health related) about their future health and care, which may guide decision-makers as to how they wish to be treated. The questions are the same as Part 3 of the AHD. If the person is not yet ready to make an AHD, they may like to start with completing this form.

[healthywa.wa.gov.au/ACPvaluesandpreferencesform](https://healthywa.wa.gov.au/ACPvaluesandpreferencesform)

## Person knows the treatments they do or do not want in the future and would like to record their treatment decisions and values

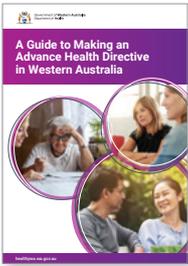


### Advance Health Directive (AHD) Form

**Type: Statutory form\***

A legal document that specifies the treatment(s) a person does or does not consent to in specific circumstances. Only comes into effect if it applies to treatment a person requires, **and** the person is incapable of making or communicating their decisions. If a person is making an AHD they do not need to complete a Values and Preferences Form as it contains the same questions as Part 3 of the AHD.

[healthywa.wa.gov.au/AdvanceHealthDirectives](https://healthywa.wa.gov.au/AdvanceHealthDirectives)

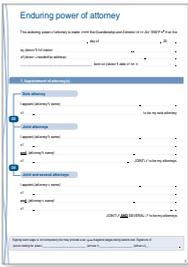


## Guide to Making an Advance Health Directive in WA

### Type: Instructional guide

A step-by-step guide, with an example of a completed AHD, to assist people in making an AHD. The hard copy version includes an AHD Form. Additional pages for other life-sustaining treatments and other treatment decisions, Interpreter/translator statement, Marksman clause and alert card are available to download at [healthywa.wa.gov.au/AdvanceHealthDirectives](https://healthywa.wa.gov.au/AdvanceHealthDirectives)

Person has trusted people in their life who would make appropriate decisions about their care



## Enduring Power of Guardianship (EPG)

### Type: Statutory form\*

A legal document in which a person nominates an enduring guardian to make personal, lifestyle and treatment decisions on their behalf in the event that they are unable to make reasonable judgments about these matters in the future.

[justice.wa.gov.au/EPG](https://justice.wa.gov.au/EPG)

Person does not/ no longer has capacity, does not have an existing AHD or Values and Preference Form but has people in their life who know them well



## Advance care plan for a person with insufficient decision-making capacity

### Type: Non-statutory form

An advance care plan that can be completed by a person's recognised decision-maker(s) who has/have a close and continuing relationship with the person. Can be used to guide decision-makers and health professionals when making medical treatment decisions on behalf of the person. This form cannot be used to give legal consent to, or refusal of treatment.

[healthywa.wa.gov.au/AdvanceCarePlanning](https://healthywa.wa.gov.au/AdvanceCarePlanning)

\*Statutory documents are the strongest, most formal way of recording wishes for future health and personal care. They are recognised under legislation in WA and must meet certain requirements.

### For more information, assistance or to view resources visit:

#### For community

[healthywa.wa.gov.au/AdvanceCarePlanning](https://healthywa.wa.gov.au/AdvanceCarePlanning)  
[healthywa.wa.gov.au/AdvanceHealthDirectives](https://healthywa.wa.gov.au/AdvanceHealthDirectives)

#### For health professionals

[health.wa.gov.au/ACP](https://health.wa.gov.au/ACP)  
[health.wa.gov.au/AHD](https://health.wa.gov.au/AHD)

#### Ordering resources

Refer to the [Advance Care Planning Resources Order Form](#) and contact the Department of Health Advance Care Planning Information Line on 9222 2300 or email [ACP@health.wa.gov.au](mailto:ACP@health.wa.gov.au)

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