

Falls Specialist Program Referral Form



This form is for referrals to the Falls Specialist Program by health care providers other than General Practitioners (GPs) working in the community.

GPs should continue to use current referral forms for Aged Care Outpatient Appointments.

Eligibility for referral

- Aged 65 years and over (Aboriginal & Torres Strait Islander 45+)
- History of falls or identified as being at risk of falling.

Note: referrals from high level residential aged care facilities will be accepted. In this setting intervention will consist of advice and education for care providers at the facility on the implementation of evidence based strategies for falls prevention.

Date of referral: ____/____/____

Is the client aware of the referral? Yes No

<p>UMRN If known: _____</p> <p>Client name: _____</p> <p>DOB: ____/____/____</p> <p><input type="checkbox"/> Male</p> <p><input type="checkbox"/> Female</p> <p><input type="checkbox"/> Aboriginal/Torres Strait Islander</p> <p><input type="checkbox"/> DVA, Card type _____</p> <p>Address: _____</p> <p>_____</p> <p>_____</p> <p>Telephone: _____</p>	<p>Alerts</p> <p><input type="checkbox"/> History of Abusive Behaviour</p> <p><input type="checkbox"/> History of Substance Abuse</p> <p><input type="checkbox"/> Infection Risk</p> <p><input type="checkbox"/> Does not speak English, Language _____</p> <p><input type="checkbox"/> Unsafe home environment</p> <p><input type="checkbox"/> Visual impaired</p> <p><input type="checkbox"/> Hearing impaired</p> <p><input type="checkbox"/> Other _____</p>
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Next of kin or other contact

Name: _____ Relationship: _____

Telephone: _____

General Practitioner

Is the GP aware of the referral? Yes No

Name: _____

Telephone: _____

Address: _____

Referrer details

Name: _____

Telephone: _____

Location/Source: _____

FROP-Com score: _____

Please see overside of referral for FROP-Com Screening.

Please attach relevant clinical information (e.g. diagnosis, course / progression, outcome measures or discharge summary) pertaining to the patient and send with the referral

<p>Post Falls Specialist Program</p>	<p>Fax Any Queries Call</p>
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Falls Risk for Older People in the Community (FROP-Com) Screen
Screen all people 65 years and older
(50 years and older, Aboriginal & Torres Strait Islander people)

FALLS HISTORY		(Score between 0 and 3)	SCORE
1. Number of falls in the past 12 months?	<input type="checkbox"/> None (0) <input type="checkbox"/> 1 Fall (1) <input type="checkbox"/> 2 Falls (2) <input type="checkbox"/> 3 or More (3)		[]
FUNCTION: ADL Status		(Score between 0 and 3)	
2. Prior to this fall, how much assistance was the individual requiring for instrumental activities of daily living (e.g. cooking, housework, laundry) <ul style="list-style-type: none"> If no fall in last 12 months, rate current function 	<input type="checkbox"/> None (completely independent) (0) <input type="checkbox"/> Supervision (1) <input type="checkbox"/> Some assistance required (2) <input type="checkbox"/> Completely dependent (3)		[]
BALANCE		(Score between 0 and 3)	
3. When walking and turning, does the person appear unsteady or at risk of losing their balance? <ul style="list-style-type: none"> Observe the person standing, walking a few metres, turning and sitting. If the person uses an aid observe the person with the aid. Do not base on self-report If level fluctuates, tick the most unsteady rating. If the person is unable to walk due to an injury, score as 3. 	<input type="checkbox"/> No unsteadiness observed (0) <input type="checkbox"/> Yes, minimally unsteady. (1) <input type="checkbox"/> Yes, moderately unsteady (needs supervision) (2) <input type="checkbox"/> Yes, consistently and severely unsteady. (needs constant hands on assistance) (3)		[]
Total risk score			[]

¹ Total score	0	1	2	3	4	5	6	7	8	9
Risk of being a faller	0.25		0.7		1.4		4.0		7.7	
Grading of falls risk	0-3 Low risk				4-9 High risk					

¹ In 2009 the Department of Health Victoria funded Northern Health, in conjunction with the National Ageing Research Institute, to review the Department of Health's falls prevention resources website. The materials used as the basis of this generic resource were developed by the National Ageing Research Institute under a service agreement with the Department of Human Services, now the Department of Health. This and other falls prevention resources are available from the Department's Aged Care website at: <http://health.vic.gov.au/agedcare/maintaining/falls/index.htm>