



Transition readiness checklist for parents and carers of young people

This checklist is for parents and carers of young people who will continue to require assistance to carry out normal activities or protect their rights after transferring to adult healthcare services. There are no right or wrong answers and your responses will help you and your young person assess readiness for transfer to adult healthcare services.

Name (young person): _____

Date of birth: _____

Date: _____

Name (parent/carer): _____



<p>Please select the most appropriate response for each question</p>	<p>No further information/discussion required</p>	<p>I require more information on this</p>	<p>Don't know</p>	<p>Not needed/not applicable</p>
<p>Medical Condition</p>				
<p>I have adequate information and resources regarding their medical condition</p>				
<p>Medications and treatment</p>				
<p>I have discussed how medications may or may not change and the reasons for this</p>				
<p>I am aware of any differences in obtaining prescriptions (i.e. via a General Practitioner (GP)) and the costs involved</p>				
<p>I feel confident obtaining and administering prescriptions and medications</p>				
<p>Other health issues</p>				
<p>I have information about their allergies, if applicable</p>				
<p>I have had an opportunity to discuss their sexual/reproductive health with the medical team</p>				
<p>Aids and equipment</p>				
<p>My young person has had an equipment review and discussion regarding ongoing equipment needs</p>				
<p>I know how to access aids and equipment in the adult healthcare service</p>				
<p>I have discussed nutritional needs with the medical team</p>				

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<i>Please select the most appropriate response for each question</i>	No further information/discussion required	I require more information on this	Don't know	Not needed/not applicable
Getting help/ support				
I know what to do in an emergency and how to access help from the adult healthcare service				
I know who to contact in the adult healthcare service if my young person becomes unwell out of hours				
I have established a regular GP who is able to accommodate their specific needs				
I know how/where to get educational support for my young person				
I have information about rights as a young person with an intellectual and/or physical disability and feel confident advocating for them				
I know who my personal supports are and where I can get more support if needed				
Funding				
I have discussed funding packages for the adult healthcare service and the differences in how care, equipment and medication are funded				
I know their healthcare card number and entitlements				
I have applied for the appropriate funding packages and services				
My young person has a form of I.D. to assist in funding applications				
I am aware of travel assistance schemes				

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<p style="text-align: center;">Please select the most appropriate response for each question</p>	No further information/discussion required	I require more information on this	Don't know	Not needed/not applicable
Adult healthcare services				
I have a copy of their medical records				
I know the names and roles of the healthcare team at the adult healthcare service				
I have the contact details of the new healthcare service				
I know how to book and change appointments at the new healthcare service				
I have toured the new healthcare service and know how to get there				
I have a referral letter for the adult healthcare service				
I have an appointment booked for the adult healthcare service				
I am informed regarding the timeline for the transfer to the adult healthcare service				

The Child and Youth Health Network of the Western Australian Department of Health would like to acknowledge the Child and Adolescent Health Service (WA) and the Royal Children's Hospital Melbourne for allowing us to use and tailor this transition checklist.

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