

Public Submission Cover Sheet

Please complete this sheet and submit with any attachments to the Sustainable Health Review Secretariat

Your Personal Details

This information will be used only for contacting you in relation to this submission

Title Mr Miss Mrs Ms X Dr Other

Organisation PERTH MATERNITY

First Name(s) KAREN

Surname KRUIT

Contact Details



Publication of Submissions

Please note all Public Submissions will be published unless otherwise selected below

- I do not want my submission published
- I would like my submission to be published but remain anonymous

Submission Guidance

You are encouraged to address the following question:

In the context of the Sustainable Health Review Terms of Reference listed below, what is needed to develop a more sustainable, patient centred health system in WA?

- Leveraging existing investment in Primary, Secondary and Tertiary healthcare, as well as new initiatives to improve patient centred service delivery, pathways and transition;
- The mix of services provided across the system, including gaps in service provision, sub-acute, step-down, community and other out-of-hospital services across WA to deliver care in the most appropriate setting and to maximise health outcomes and value to the public;
- Ways to encourage and drive digital innovation, the use of new technology, research and data to support patient centred care and improved performance;
- Opportunities to drive partnerships across sectors and all levels of government to reduce duplication and to deliver integrated and coordinated care;
- Ways to drive improvements in safety and quality for patients, value and financial sustainability, including cost drivers, allocative and technical efficiencies;
- The key enablers of new efficiencies and change, including, research, productivity, teaching and training, culture, leadership development, procurement and improved performance monitoring;
- Any further opportunities concerning patient centred service delivery and the sustainability of the WA health system.

Submissions Response Field

Please type your response into the field below. Alternatively you may provide your submissions as a separate attachment (Suggested Maximum 5 pages).

Perth Maternity is an innovative **bulk bill** maternity practice aimed at providing midwifery care right where it is needed most - in the community. We are happy to take referrals from as early in the pregnancy as possible.

This is the first maternity service in Perth where all Medicare endorsed midwives work within a recognised governance structure to ensure that clinical risks are minimised through strong collaborative pathways. The service has a Medical Director working collaboratively with the endorsed midwives. Care is based on the protocols and guidelines set by WA's tertiary maternity hospitals.

Perth Maternity midwives will arrange the appropriate hospital referral and the woman's GP will remain the primary contact for all non-obstetric related health issues.

Perth Maternity Fact Sheet

Evidence based maternity care recommends continuity of care throughout the maternity continuum offering holistic, woman centred care by a known maternity care provider. Choices in childbirth options, screening options and individualised education and preparation for parenting demonstrates improved satisfaction rates for women and improved perinatal outcomes for mothers and babies.

Women will usually see their GP for their confirmation of pregnancy visit

The GP has two options where an endorsed midwife is located within their practice

Option 1

Proceed with pathology tests to confirm pregnancy

Refer for booking bloods once pregnancy confirmed

Refer for dating scan

Refer for FTS

Refer to birthing hospital

Follow-up to arrange anatomy scan

Review scan results at 20 weeks

Review as required for general medical consults

Hospital to continue antenatal care

Submissions Response Field

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Advantage of care option

- Continuity of care with GP
- Traditional screening options offered
- Traditional maternity care provided

Limitation of care option

- Choices in maternity care may not be explored
- Choices in screening options may not be explored
- Continuity of midwifery care not be accessed in the general antenatal hospital clinic
- Traditional maternity care being offered

Option 2

Proceed with pathology tests to confirm pregnancy if required

Refer to on-site midwife to:

- Discuss maternity care option
- Discuss previous birthing experiences
- Complete an obstetric risk assessment
- Refer for early GTT if indicated
- Complete National Woman-Held Pregnancy Record

GP refer for booking bloods once pregnancy confirmed

Referral for dating scan

Refer to on-site midwife before 10 weeks to:

- Discuss second trimester screening option for FTS, NIPT, NEST, MSS
- Discuss available maternity care option for CMP, MGP, FBC, VBAC and private obstetric care and to send early referrals to secure a place as limited numbers available for these models of care

GP follow-up after 12 weeks for Influenza vaccination and review of progress in pregnancy

Anatomy scan request form provided for bulk billed scan unless NIPT / NEST indicated

Refer to on-site midwife before 16 weeks to:

- Complete direct hospital referrals (CRS referrals not required for maternity) based on woman's choice or postcode.
- Complete shared care documentation
- EPDS completed and early referrals to be arranged if indicated

GP follow-up after 19 week anatomy scan AND...

Refer to on-site midwife from 20 weeks to:

- Ongoing continuity of midwifery care at the GP surgery
- Shared care with birthing service as arranged
- Linked with student midwife through CCE program for continuity through labour and birth

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- Commence the GROW chart (aimed at reducing the perinatal stillbirth rate)
- Timely referrals to birthing services where tertiary / obstetric review indicated
- Referral for all second and third trimester pathology and imaging tests
- Third trimester EPDS screening
- One-to-one education on labour, birth and neonatal care in third trimester
- Postnatal follow-up arranged until 6 week post birth

GP remains involved in the maternity care after 20 weeks and ongoing for mum and baby

GP follow-up for 28 week pertussis vaccination

Review for Mental Health Care Plans where indicated

Review for Physio Care Plans where indicated

General medical review as required throughout pregnancy

Postnatal 6 week check and neonatal check

Neonatal 6-8 week immunisations

Contraceptive counselling and management of LARC contraception as indicated.

Advantage of care option

- Evidence based maternity care provided
- Continuity of care with GP throughout the pregnancy
- Continuity of maternity care at GP surgery throughout maternity continuum
- Access to continuity of midwifery care at the practice from the 1st trimester of pregnancy until 6 weeks postpartum
- Individualised collaborative maternity care offered
- Improved maternal perinatal mental health
- Reduced maternal and fetal/neonatal morbidity
- Improved breastfeeding rates
- Improved maternal satisfaction

Limitation of care option

No limitations