

Other ways to reduce the risk of HIV

- Practise safer sex (always use condoms and lubricant).
- If you inject drugs, always use new needles and do not share injecting equipment.
- Have regular check-ups for sexually transmitted infections (STIs) – having an STI can increase the likelihood of HIV transmission.

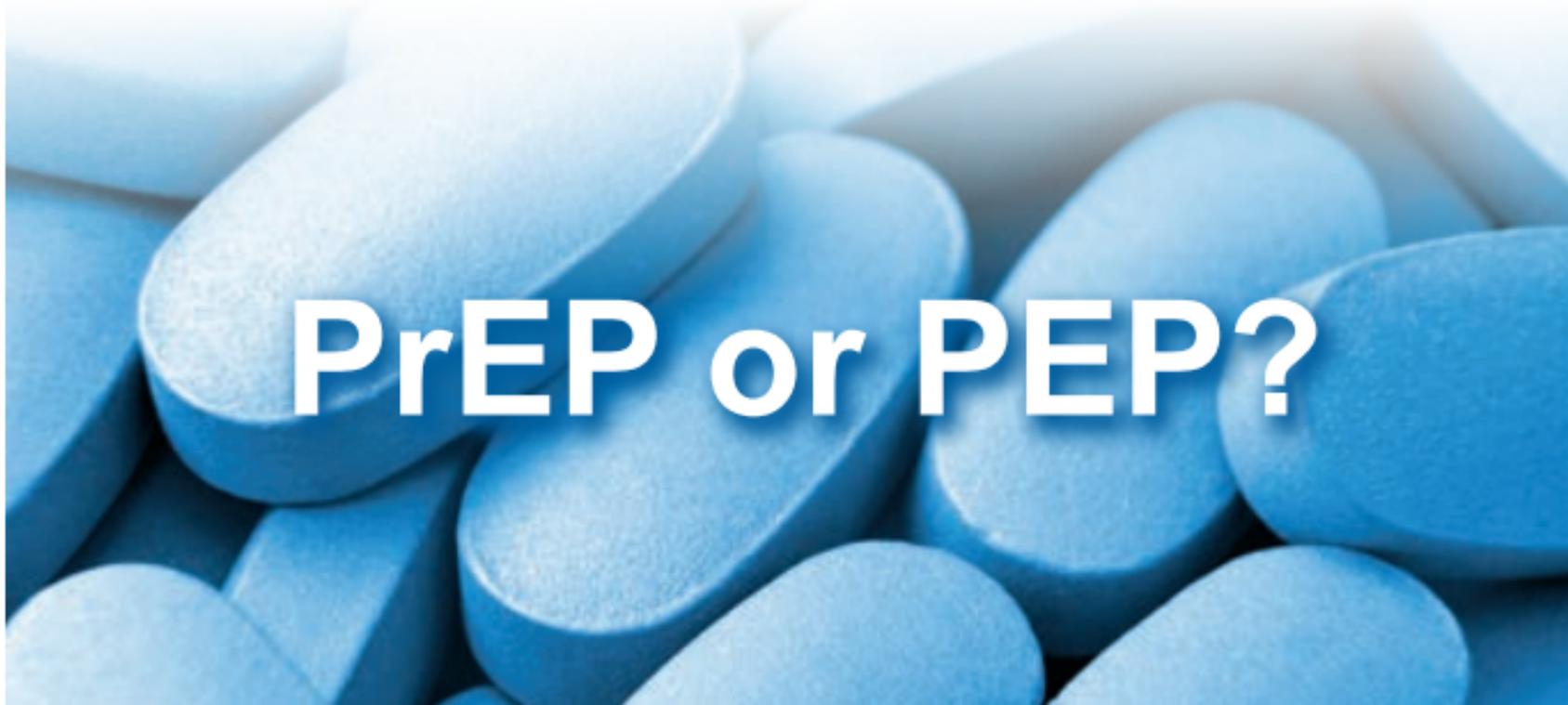
For more information on PrEP, PEP and HIV during business hours:

- WA AIDS Council – 9482 0000
- M Clinic – 9227 0734 / info@mclinic.org.au
- Royal Perth Hospital Sexual Health Clinic – 9224 2178
- Fremantle Hospital South Terrace Clinic – 9431 2149.

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Government of **Western Australia**
Department of **Health**

A close-up photograph of numerous blue, oval-shaped pills scattered on a light blue surface.

PrEP or PEP?

	Pre-exposure Prophylaxis (PrEP)	Post-exposure Prophylaxis (PEP)
What is it?	Daily medication to prevent HIV infection in people who are HIV-negative and at ongoing risk of getting HIV.	A 28 day course of medication to prevent HIV infection in people who are HIV-negative and have experienced a single event where they have had a known, or possible, exposure to HIV.
Who's eligible?	People who are HIV-negative and likely to be experiencing multiple events where there is a risk of HIV exposure, e.g. having unprotected sex and/or sharing injecting equipment with someone who has HIV or is at high risk of having HIV; or being in a relationship with a HIV-positive person who has a detectable viral load.	People who are HIV-negative and who have experienced a single event, e.g. unprotected sex (including condom breakage) and/or shared injecting equipment, with someone who has HIV or is at high risk of having HIV.
How to access it?	Make an appointment with a doctor experienced in sexual health to discuss if PrEP is right for you (see contacts listed in this card). Visit www.afao.org.au for more information.	Call the 24/7 PEP Line (1300 767 161) for immediate advice and referral. Visit www.getpep.info for more information.
When to take it?	Every day.	As soon as possible but definitely within 72 hours of exposure.