

Men's Health 101

In WA...

Males are most over-represented in:^{1,2}



77.3%
Males are overweight or obese³



14.2%
Males report being current smokers³



31.4%
Males exceed alcohol consumption guidelines; the highest in Australia⁴

58.3%
Insulin-treated type 2 diabetics are male²

89.3%
Prisoners in full-time custody are male⁵

63.1%
Hospitalisations due to assault and other injury, caused by other person(s), are male⁶



Males are less likely than females to use allied health services³

Life expectancy at birth is

83.2 years
for females⁷



79.5 years
for males⁷



65.0 years
for Aboriginal males⁷

for Aboriginal males⁷



In Australia...

Men in regional and remote areas experience poorer health than metropolitan areas⁸



11%
males experienced high or very high levels of psychological distress in 2017-18⁹



75%
of suicides are male¹



72%
of illicit drug-related deaths are male¹⁰



18%
males had a mental health or behavioural condition in 2017-18⁹



93%
of workplace fatalities are males¹¹



73%
of road user deaths are males¹²



60%
males do not meet minimum health literacy requirements¹³