

CPR decision-making from black dot to gold star

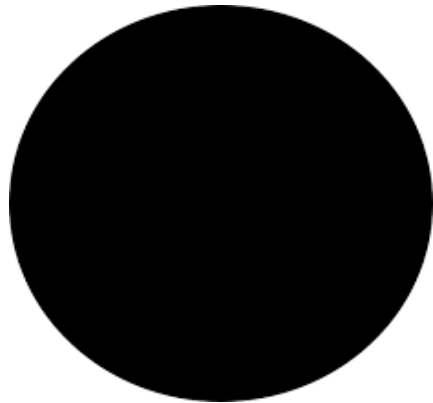
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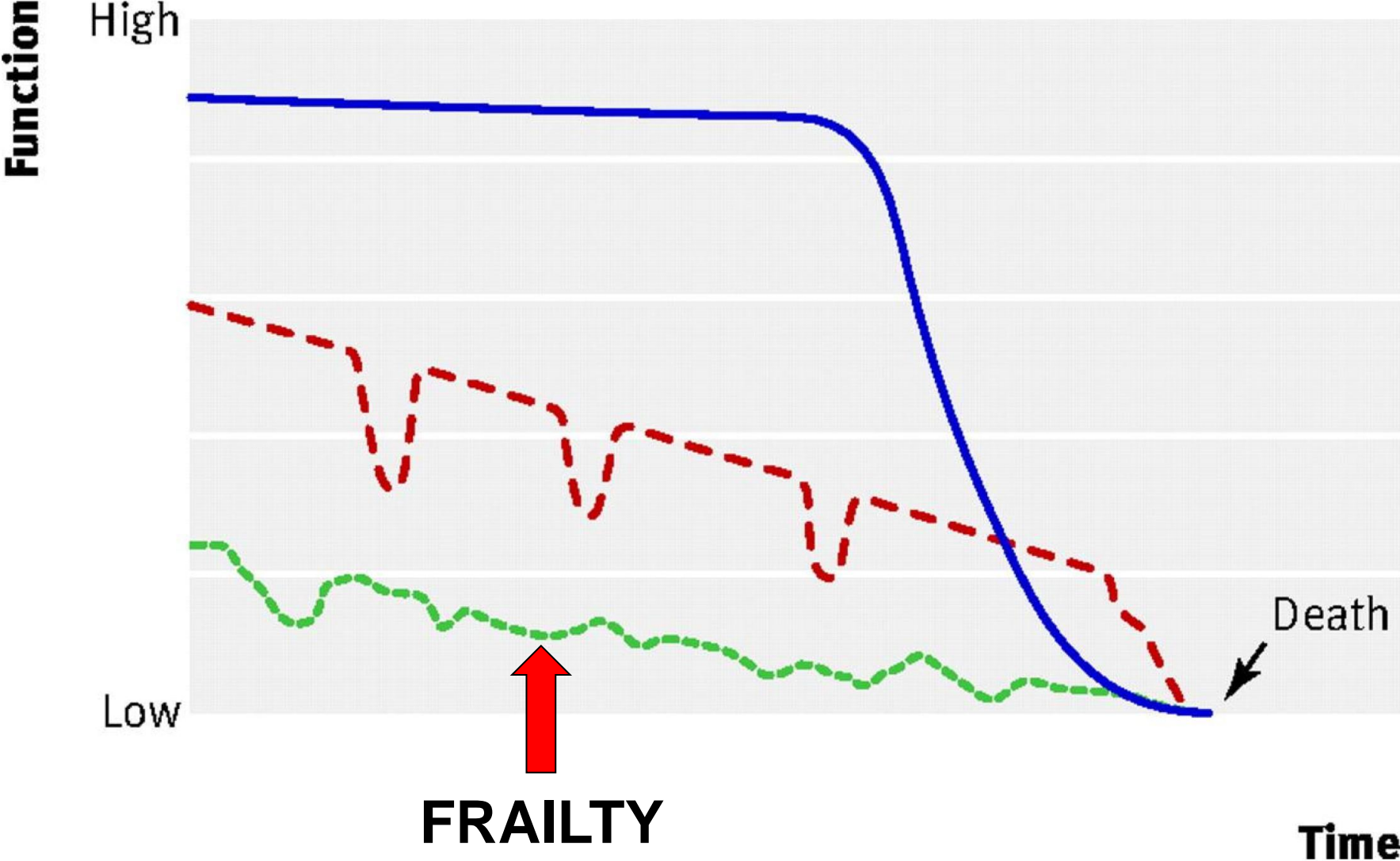
NFR



“Goals of care”



Pathways to Death



My job = managing uncertainty



The Shadow . .





Doctors Die Differently

“Careers in medicine have taught them the limits of treatment and the need to plan for the end”

Some patients may not be heard. .

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“she does not want us to do anything for her to get better”
she says “I want to die”, “I have made up my mind I don’t want to live”

“I don’t want to go against the doctors or else they won’t give me medication when I’m in pain”.

Why the video's . . .



The development of a multi-faceted intervention to improve CPR decision-making

Mixed - Method

- Focus groups
- Literature review
- Key opinion leaders
- Health Networks

Problem	Intervention
Culture favouring – intervention, inertia, ignorance	Consultant leadership + ownership
Inadequate Policies	Network - Model – CMO
Insufficient training to make CPR decisions	System education – Video based workshops
System barriers	Goals of care – receive, in hospital, post discharge
Patient barrier's	Education + communication skill
Support / emotional barriers	Debriefing, defining roles, mentoring, kindness

How can they be used ?

Advance CPR decision-making in the hospital setting

A facilitator's guide

Version 1



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Results

Characteristics comparable

90% had goals of care

Baseline CPR decisions stable - 33%

Results

	Baseline	Usual	Full
NFR	44%	47%	77%
Met calls	81%	71%	77%
D/W patient	28%	22%	50%
Patient decision	11%	7%	19%



“Goals of care”



Small %
Escalation plan
CPR decision – first step
Done just before death
By non-treating team
Emphasizes what “won’t be done”
Sub-optimal care

Large %
Escalation plan
CPR decision – last step
Done routinely when well
Treating team perform
Emphasizes what “will be done”
Consensus care

Misses patient preferences

Seeks patients preferences
Breaks the ICE

What do we anticipate . . .

- System-wide approach to clinician education about Advance CPR decision-making in hospitals.
- Statewide documentation for CPR decision-making and care escalation using “goals of care” approach.