



Bendigo Health is a leading regional health service, with around 4000 staff and a catchment area covering a quarter of the size of Victoria.

In addition to operating a large 724-bed acute hospital, we offer subacute services including inpatient and outpatient rehabilitation, a regional psychiatric service, in patient, community and regional specialist palliative care, residential care, specialist clinics, dialysis and a range of outreach services such as hospital in the home.

Bendigo Health Specialist Palliative Care Service has three streams:

- Inpatient (10 bed) unit (SPCEU)
- Community Specialist Palliative Care (BCSPCS)
- Loddon Mallee Regional Specialist Palliative Care Consultancy Service (LMRSPCCS)

How BH approached the implementation of voluntary assisted dying

- **July 2018** -DHHS requested nominations from regional health services to participate in VHA VAD Model of Care project.
 - Consultative Group & Development group (model of care & quality)
- Oct 2018 Bendigo Health (BH) commenced Working group and project officer.
 - Held regional forum
 - Confidential Survey to staff Medical staff separated and data available only to CMO.
 - Education program delivered including Online module.
- Dec 2019 BH received fix term funding for Regional VAD Navigator position.





What worked well?

- BH Working group information dissemination.
- Positive and Enquiring Organisational approach as End of Life Choice.
- Specialist Palliative Care participation in VHA consultative groups.
- Navigator based on site.
- State COP share experiences/ models/ resources.
- Project Leads relationship and knowledge of the geographical area.





What would you do differently?



- Hindsight is a wonderful thing
- Prepare for Initial hype Overthought things is that a bad thing though
- More support for Patient who were ineligible and not known to Palliative care





Describe how the introduction of voluntary assisted dying has impacted palliative care?

- Choice and Control
- Improved discussion of death & dying/ Preferred Place of Care & Preferred Place of Death
- Collaboration of services
- Disappointment for ineligible patients and families
- Bereavement/ counselling demands.
- Some clinicians have given up on patients.





And finally.....

Work that we're still undertaking:

- Ongoing policy review
- Organisational GAP analysis of End of Life & Palliative Care (Governance)
- Sharing experiences and learning



