Virus Watch
Week ending 5th March 2023

Key Points

Influenza and influenza-like illnesses (ILI)
- The rate of ILI presentations at sentinel GPs decreased in the past week while the rate at emergency departments (EDs) increased.
- Influenza notifications to the Department of Health increased slightly in the past week.
- Non-influenza respiratory virus detections at PathWest Laboratory Medicine (PathWest) increased in the past week.
- COVID-19 cases increased by 8% in the past week to 2,387 cases.

Gastroenteritis
- Gastroenteritis presentations to sentinel GPs increased in the past week.
- Rotavirus notifications to the Department of Health and norovirus detections at PathWest decreased in the past week.

Other vaccine-preventable diseases
- **Chickenpox and shingles**: In the past week there were no chickenpox presentations to sentinel GPs and the number of shingles presentations increased. The number of chickenpox presentations to EDs increased in the past week while shingles presentations remained stable.
- **Measles**: No measles cases were notified in the past week.
- **Mumps**: No mumps cases were notified in the past week.
- **Rubella**: No rubella cases were notified in the past week.
- **Invasive meningococcal disease (IMD)**: No IMD cases were notified in the past week.
Influenza and influenza-like illnesses (ILI)

The rate of ILI presentations to sentinel GPs decreased and remained in the mid-range of values usually reported at this time of year (Figure 1).

Figure 1. Rate of ILI per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA by week, 2018 to 2023 YTD

![Graph showing the rate of ILI per 1000 consultations at sentinel GPs in WA by week from 2018 to 2023 YTD.](image)

The rate of ILI-related presentations and admissions to EDs increased in the past week (Figure 2).

Figure 2. Number and rate of ILI presentations/admissions to emergency departments in WA in the past eight weeks

![Graph showing the number and rate of ILI presentations/admissions to emergency departments in WA over the past eight weeks.](image)

Note: This graph is a count of current EDIS data using the ICD codes B34.9 and J06.9, which are consistent with a clinical presentation of influenza-like illness. This data may differ from that presented in the Winter Respiratory Illness Report provided by the Information and System Performance Directorate, DoH.
The number of respiratory illness presentations to EDs increased in the past week and remained in the mid-range of values usually reported at this time of year (Figure 3).

**Figure 3. Number of respiratory illness presentations to emergency departments in WA by week, 2018 to 2023 YTD**

The number of influenza cases notified to the Department of Health increased slightly in the past week (Figure 4).

**Figure 4. Number of influenza notifications in WA by week, 2018 to 2023 YTD**
The percentage positivity of influenza PCR testing at PathWest increased to 4% (34 detections) in the last week. (Figure 5).

Figure 5. Proportion of PCR positive influenza detections at PathWest by week, WA, 2018 to 2023 YTD

![Graph showing percentage positivity of influenza PCR testing at PathWest by week, WA, 2018 to 2023 YTD]

Note: This graph is a count of all WA samples reported by PathWest, excluding samples referred by other private laboratories for influenza subtyping.

Of the 34 influenza detections at PathWest in the past week, 22 were influenza B, 2 were influenza A/H1, 2 were influenza A/H3 and 8 were influenza A cases yet to be subtyped (Figure 6).

Figure 6. Number of PCR positive influenza detections at PathWest by type, subtype and week, WA, 2022 to 2023 YTD

![Graph showing number of PCR positive influenza detections at PathWest by type, subtype and week, WA, 2022 to 2023 YTD]

Note: The graph is a summary of all WA samples positive for influenza reported at PathWest, excluding samples referred by other private laboratories for influenza subtyping. These samples were tested using a rapid testing method that does not determine the influenza subtype (i.e. influenza A/H3N2 or A/H1N1).
There was an overall increase in non-influenza respiratory virus detections at PathWest in the past week (Figure 7). Excluding SARS-CoV-2, the most common non-influenza respiratory virus detected was rhinovirus (36 cases).

**Figure 7. Number of non-influenza respiratory virus detections at PathWest by week, WA, 2022 to 2023 YTD**

![Graph showing non-influenza respiratory virus detections at PathWest by week from 2022 to 2023 YTD.](image)

Note: This graph is a count of all WA samples positive for a common respiratory virus other than influenza reported by PathWest.

In the past week, there were 2,387 COVID-19 cases reported in WA, which was an 8% increase compared to the previous week. Of these, 10% were diagnosed by PCR test and 90% were diagnosed by rapid antigen test (Figure 8).

**Figure 8. Number of COVID-19 cases in WA by test type and notification date, 2022 to 2023 YTD**

![Graph showing COVID-19 cases in WA by test type and notification date from 2022 to 2023 YTD.](image)

Note: Data sourced from Public Health Operations COVID-19 Unified System (PHOCUS); Notification date is to the 6pm reporting period.
The seven-day moving average of COVID-19 notifications per 100,000 population remained stable in the Midwest and Great Southern regions and decreased in all other regions (Figure 10).

**Figure 10.** Seven-day moving average of COVID-19 notifications per 100,000 people in WA by health region, 2022 to 2023 YTD


**Gastroenteritis**

The number of gastroenteritis presentations to sentinel GPs increased in the past week but remained below the 5-year average (Figure 12).

**Figure 12.** Number of gastroenteritis presentations per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA by week, 2018 to 2023 YTD
Rotavirus notifications to the Department of Health and norovirus detections at PathWest decreased in the past week (Figure 13).

Figure 13. Number of rotavirus notifications to the Department of Health and norovirus detections at PathWest in WA in the past eight weeks

Note: Rotavirus notifications reported to the Department of Health include detections from all WA pathology laboratories. Norovirus detections are from PathWest only.

Viral rashes

There were no chickenpox presentations to sentinel GPs in the past week while the rate of shingles presentations increased (Figure 14).

Figure 14. Number of varicella-zoster presentations per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA in the past eight weeks

Note: Baseline levels for chickenpox and shingles presentations to WA ASPREN GPs per thousand consultations were calculated using the mean of weekly WA ASPREN data from week 1, 2018 to week 52, 2022.
The number of chickenpox presentations to EDs increased in the past week while shingles presentations remained stable (Figure 15).

Figure 15. Number of varicella-zoster presentations to Emergency Departments in WA in the past eight weeks

Note: Baseline levels for varicella-zoster virus presentations to Emergency Departments in WA were calculated using the mean of weekly EDIS data from week 1, 2018 to week 52, 2022.
Report Notes

Virus WAtch is a weekly electronic publication by the Communicable Disease Control Directorate (CDCD) and key collaborators. It provides a brief summary of general practice and hospital emergency department sentinel surveillance data on influenza-like illness, gastroenteritis and varicella-zoster disease, together with relevant laboratory information, to alert health care workers in WA about important circulating viruses. All figures and data were accurate at time of publication, but subject to change. Please note that the influenza and ILI surveillance systems in Western Australia (WA) have been impacted by the COVID-19 pandemic. Therefore, respiratory viral activity should be interpreted with caution and take into account the effects of changes in health seeking behaviour including accessing alternate health services such as telehealth, focused testing for COVID-19 at COVID-19 clinics or specific acute respiratory infection clinics, increased testing for other respiratory viruses and the impact of international border closures. The data collections used to create this publication include:

- Sentinel general practice (GP) data collected by WA members of the Australian Sentinel Practices Research Network (ASPREN).
- Emergency Department (ED) data provided by the Emergency Department Information System (EDIS), which currently incorporates data from the following hospitals: Fiona Stanley Hospital, Sir Charles Gardiner Hospital, Royal Perth Hospital, Perth Children’s Hospital, King Edward Memorial Hospital, St John of God Midland, Bunbury Hospital, Armadale Hospital, Joondalup Health Campus, and Rockingham General Hospital.
- Disease notification data are sourced from the Western Australian Notifiable Infectious Diseases Database (WANIDD). These data are received by CDCD, WA Department of Health from medical providers and public or private laboratories in WA. Hospitalisation data are included in the report during the influenza season.
- Viral laboratory data obtained from PathWest laboratories at QEII Medical Centre, as well as via notification data sent by all WA laboratories to CDCD, WA Department of Health.
- As of 1 January 2022, the definition of a confirmed influenza case has changed to remove ‘Single high titre by CFT or HAI to influenza virus’ from the list of laboratory definitive evidence.
- As of March 2022, this report includes COVID-19 cases diagnosed by Polymerase Chain Reaction (PCR) test and Rapid Antigen Test (RAT) sourced from Public Health Operations COVID-19 Unified System (PHOCUS).

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