Virus Watch
Week ending 22\textsuperscript{nd} January 2023

Key Points

Influenza and influenza-like illnesses (ILI)
- There were no ILI presentations at sentinel GPs in the past week and the rate of ILI presentations at emergency departments (EDs) was stable.
- Influenza notifications to the Department of Health decreased in the past week.
- Non-influenza respiratory virus detections at PathWest Laboratory Medicine (PathWest) decreased in the past week.
- COVID-19 cases decreased by 33\% in the past week to 3,224 cases.

Gastroenteritis
- The rate of gastroenteritis presentations to sentinel GPs in the past week was lower than the previous 5-year average.
- Rotavirus notifications to the Department of Health increased in the past week. The number of norovirus detections at PathWest was unavailable at the time of reporting.

Other vaccine-preventable diseases
- **Chickenpox and shingles**: In the past week there were no chickenpox presentations to sentinel GPs and only one presentation to an ED, while shingles presentations to sentinel GPs and EDs decreased.
- **Measles**: No measles cases were notified in the past week.
- **Mumps**: No mumps cases were notified in the past week.
- **Rubella**: No rubella cases were notified in the past week.
- **Invasive meningococcal disease (IMD)**: No IMD cases were notified in the past week.
**Influenza and influenza-like illnesses (ILI)**

The rate of ILI presentations to sentinel GPs was in the lower range of values usually reported at this time of year (Figure 1).

**Figure 1. Rate of ILI per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA by week, 2018 to 2023 YTD**

![Graph showing the rate of ILI per 1000 consultations at sentinel GPs in WA by week, with data from 2018 to 2023 YTD.](image)

The rate of ILI-related presentations and admissions to EDs were stable in the past week (Figure 2).

**Figure 2. Number and rate of ILI presentations/admissions to emergency departments in WA in the past eight weeks**

![Graph showing the number and rate of ILI presentations/admissions to EDs in WA over the past eight weeks.](image)

Note: This graph is a count of current EDIS data using the ICD codes B34.9 and J06.9, which are consistent with a clinical presentation of influenza-like illness. This data may differ from that presented in the Winter Respiratory Illness Report provided by the Information and System Performance Directorate, DoH.
The number of respiratory illness presentations to EDs decreased but remained in the higher range of values usually reported at this time of year (Figure 3).

**Figure 3. Number of respiratory illness presentations to emergency departments in WA by week, 2018 to 2023 YTD**

The number of influenza cases notified to the Department of Health decreased to 59 cases in the past week (Figure 4).

**Figure 4. Number of influenza notifications in WA by week, 2018 to 2023 YTD**
Of the 853 specimens submitted for influenza PCR testing at PathWest in the past week, 16 (1.9%) tested positive (Figure 5).

**Figure 5. Proportion of PCR positive influenza detections at PathWest by week, WA, 2018 to 2023 YTD**

Note: This graph is a count of all WA samples reported by PathWest, excluding samples referred by other private laboratories for influenza subtyping.

Of the 16 influenza detections at PathWest in the past week, 3 were influenza A/H1, 2 were influenza A/H3, 4 were influenza A cases yet to be subtyped and 7 were influenza B (Figure 6).

**Figure 6. Number of PCR positive influenza detections at PathWest by type, subtype and week, WA, 2022 to 2023 YTD**

Note: The graph is a summary of all WA samples positive for influenza reported at PathWest, excluding samples referred by other private laboratories for influenza subtyping. These samples were tested using a rapid testing method that does not determine the influenza subtype (i.e. influenza A/H3N2 or A/H1N1).
There was an overall decrease in non-influenza respiratory virus detections at PathWest in the past week (Figure 7). Excluding SARS-CoV-2, the most common non-influenza respiratory virus detected was adenovirus (27 cases).

**Figure 7. Number of non-influenza respiratory virus detections at PathWest by week, WA, 2022 to 2023 YTD**

Note: This graph is a count of all WA samples positive for a common respiratory virus other than influenza reported by PathWest.

In the past week, there were 3,224 COVID-19 cases reported in WA, which was 33% lower than the previous week. Of these, 17% were diagnosed by PCR test and 83% were diagnosed by rapid antigen test (Figure 8).

**Figure 8. Number of COVID-19 cases in WA by test type and notification date, 2022 to 2023 YTD**

Note: Data sourced from Public Health Operations COVID-19 Unified System (PHOCUS); Notification date is to the 6pm reporting period
The number of COVID-19 notifications, hospitalisations and deaths to date are all significantly higher than reported in the same period in 2022, when border closures were still enforced. Vaccination coverage has been highest among those aged 16 years or older (Table 1). The majority of notifications have been reported in those aged less than 45 years (Figure 9).

Table 1. COVID-19 notifications and vaccination coverage in WA, 2023 YTD

<table>
<thead>
<tr>
<th>Notifications Category</th>
<th>2023 Year to Date</th>
<th>2022 Same Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>COVID-19 infections extracted by date of receipt of notification</td>
<td>Notifications</td>
<td>15,059</td>
</tr>
<tr>
<td>Hospitalisations</td>
<td>453</td>
<td>4</td>
</tr>
<tr>
<td>Reported Deaths</td>
<td>81</td>
<td>0</td>
</tr>
<tr>
<td>Vaccinations</td>
<td>Age group</td>
<td>Two doses</td>
</tr>
<tr>
<td>Number of people vaccinated with COVID-19 vaccines as recorded in the Australian Immunisation Register</td>
<td>5-11 years</td>
<td>39.8%</td>
</tr>
<tr>
<td>12-15 years</td>
<td>73.0%</td>
<td>N/A</td>
</tr>
<tr>
<td>16+ years</td>
<td>95.1%</td>
<td>79.3%</td>
</tr>
</tbody>
</table>


The seven-day moving average of COVID-19 notifications per 100,000 population decreased or remained stable in all regions (Figure 10).

Figure 10. Seven-day moving average of COVID-19 notifications per 100,000 people in WA by health region, 2022 to 2023 YTD.
The number of COVID-19 cases reported as hospitalised in the past week decreased among adults and children (Figure 11).

**Figure 11. Number of notified COVID-19 cases hospitalised in WA by week, 2020 to 2023 YTD**

Note: Data source: WANIDD. A child is defined as less than 18 years of age.

**Gastroenteritis**

The rate of gastroenteritis presentations to sentinel GPs decreased in the past week and remained lower than the previous 5-year average (Figure 12).

**Figure 12. Number of gastroenteritis presentations per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA by week, 2018 to 2023 YTD**
Rotavirus notifications to the Department of Health increased in the past week. The number of norovirus detections at PathWest in the past week was unavailable at the time of reporting (Figure 13).

Figure 13. Number of rotavirus notifications to the Department of Health and norovirus detections at PathWest in WA in the past eight weeks

Note: Rotavirus notifications reported to the Department of Health include detections from all WA pathology laboratories. Norovirus detections are from PathWest only.

Viral rashes

While there were no chickenpox presentations to sentinel GPs in the past week, the rate of shingles presentations decreased below the baseline (Figure 14).

Figure 14. Number of varicella-zoster presentations per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA in the past eight weeks

Note: Baseline levels for chickenpox and shingles presentations to WA ASPREN GPs per thousand consultations were calculated using the mean of weekly WA ASPREN data from week 1, 2018 to week 52, 2022.
There was one chickenpox presentation to an ED in the past week, while the number of shingles presentations decreased below the baseline (Figure 15).

Figure 15. Number of varicella-zoster presentations to Emergency Departments in WA in the past eight weeks

Note: Baseline levels for varicella-zoster virus presentations to Emergency Departments in WA were calculated using the mean of weekly EDIS data from week 1, 2018 to week 52, 2022.
Virus WAtech is a weekly electronic publication by the Communicable Disease Control Directorate (CDCD) and key collaborators. It provides a brief summary of general practice and hospital emergency department sentinel surveillance data on influenza-like illness, gastroenteritis and varicella-zoster disease, together with relevant laboratory information, to alert health care workers in WA about important circulating viruses. All figures and data were accurate at time of publication, but subject to change. Please note that the influenza and ILI surveillance systems in Western Australia (WA) have been impacted by the COVID-19 pandemic. Therefore, respiratory viral activity should be interpreted with caution and take into account the effects of changes in health seeking behaviour including accessing alternate health services such as telehealth, focused testing for COVID-19 at COVID-19 clinics or specific acute respiratory infection clinics, increased testing for other respiratory viruses and the impact of international border closures. The data collections used to create this publication include:

- Sentinel general practice (GP) data collected by WA members of the Australian Sentinel Practices Research Network (ASPREN).
- Emergency Department (ED) data provided by the Emergency Department Information System (EDIS), which currently incorporates data from the following hospitals: Fiona Stanley Hospital, Sir Charles Gardiner Hospital, Royal Perth Hospital, Perth Children’s Hospital, King Edward Memorial Hospital, St John of God Midland, Bunbury Hospital, Armadale Hospital, Joondalup Health Campus, and Rockingham General Hospital.
- Disease notification data are sourced from the Western Australian Notifiable Infectious Diseases Database (WANIDD). These data are received by CDCD, WA Department of Health from medical providers and public or private laboratories in WA. Hospitalisation data are included in the report during the influenza season.
- Viral laboratory data obtained from PathWest laboratories at QEII Medical Centre, as well as via notification data sent by all WA laboratories to CDCD, WA Department of Health.
- As of 1 January 2022, the definition of a confirmed influenza case has changed to remove ‘Single high titre by CFT or HAI to influenza virus’ from the list of laboratory definitive evidence.
- As of March 2022, this report includes COVID-19 cases diagnosed by Polymerase Chain Reaction (PCR) test and Rapid Antigen Test (RAT) sourced from Public Health Operations COVID-19 Unified System (PHOCUS).

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