



Department of  
Health

# Protect yourself and your family this winter

Influenza and COVID-19 spread easily during winter and can be serious.

Getting your family vaccinated every year is the best way to protect them. You can get the influenza and COVID-19 vaccines at the same time.

**Book your influenza vaccination.**

Keep up-to-date with your COVID-19 vaccinations.

[healthywa.wa.gov.au/influenza](https://healthywa.wa.gov.au/influenza)