

How can I join the Family Friendly Network?

If you are interested in finding out more about the work life balance - Family Friendly Network contact the Work Life Balance Coordinator, email:

family.friendly@health.wa.gov.au

or visit the Department of Health Family Friendly web site:

www.health.wa.gov.au/familyfriendly/

If you would like to join the Network, please complete the electronic nomination form or print the form and return it to the Work Life Balance Coordinator.

We look forward to hearing from you



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work, life, balance

Be a part of the Family Friendly Network

The Family Friendly Network was launched in 2005 to bring together employees across the WA Government Health System who have an interest in work and family issues.

What is the Role of the Family Friendly Network

The Network performs a distinct role:

- Providing information and advice about work life balance issues and initiatives
- Acting as a point of independent contact for employees
- Receiving and distributing feedback and suggestions
- Advocating for work life balance issues at work
- Encouraging others to get involved.

The Network does not seek to replace existing support structures such as grievance officers, peer support programs, employee assistance programs, occupational safety and health representatives, union delegates or human resource practitioners.

What can the Family Friendly Network do for you?

Membership has many advantages - and not only for you! The fresh ideas you can bring to the Network can benefit others and the place in which you work.

As a member you can:

- Make a positive contribution to your workplace
- Develop skills that can contribute to your career development
- Develop contacts across the whole of WA Health, including regional areas
- Learn more about the range of work life balance options available to you.

What sort of commitment must I make to participate?

Membership is simple. All you need to do is:

- Self nominate based on your genuine interest in work life balance issues
- Have good interpersonal skills
- Set aside some time each week for the role
- Remain up to date with current work life balance issues
- Maintain confidentiality when discussing problems with staff.

What support will you receive?

Members of the Network will be provided with guidelines' to ensure that they are able to perform their role. Ongoing support and assistance is also available and all Network members receive access to an email network of other WA Health employees interested in work life balance.