




Instructions for producing the Fagerstrom Test Lanyard Cards

1. Download the Fagerstrom Test Card template from <http://www.health.wa.gov.au/smokefree/staff/order.cfm>
2. Print the required number of cards. Please note there are 4 cards per A4 page.
3. Cut along the lines that are marked with scissors. Eg. 
4. Fold along the middle vertical line. You should now have back and front cards ready for laminating.
5. Place the folded card into the laminating pouch. (Please note these cards are designed to fit into 67x99mm laminating pouches)

Tip: When placing the card into the laminating pouch, line it up as close as possible to the open edge. This is to allow room to punch a slot at the other end without interfering with the text.



6. Put the cards through the laminator, remembering to put the sealed edge first. It is often a good idea to put each card through the laminator twice to ensure the edges are sealed.
7. Punch a hole at one end of the card.
8. The cards are now ready for distribution.

