

## Screening mammography services in rural WA

The mobile screening services that visit outer metropolitan and rural areas are equipped with a wheelchair lift.

Check your local media or the BreastScreen WA website for mobile screening unit visit dates.

There is a permanent regional screening and assessment service at:  
Bunbury South West Health Campus,  
Corner of Bussell Highway and Robertson Drive, Bunbury.



## Any questions?

The staff at BreastScreen WA will be happy to answer your questions. Please phone (08) 9323 6700 or toll-free on 1800 800 033.

**TTY 1800 241 708.**

**Phone 13 20 50 for an appointment**  
(for the cost of a local call)

If you need an interpreter, please call the Translating and Interpreting Service (TIS) first on **13 14 50** and ask to be connected to our booking service on 13 20 50.

### NOTE:

 Wheelchair access is available throughout the entire BreastScreen WA service.

- Evening and Saturday morning appointments are available at most metropolitan clinics.

This document can be made available in alternative formats such as audio tape, computer disc or Braille, on request.

## Where can I have a FREE screening mammogram?

BreastScreen WA has nine metropolitan screening services located at:

**Cannington** Unit 15, Prime West Cannington,  
1490 Albany Highway,  
Beckenham

**David Jones Rose Clinic**  
Level 3, Perth City store

**Fremantle** 2nd Floor,  
22 Queen Street, Fremantle

**Joondalup** Reid Promenade, Joondalup  
(near corner Grand Boulevard)

**Midland** 14/27 Old Great Northern  
Highway, Midland

**Mirrabooka** 29 Yirrigan Drive, Mirrabooka

**Padbury** Hepburn Heights Shopping  
Centre, Unit 8/6 Blackwattle  
Parade, Padbury

**Perth City** 50 Murray Street, Perth

**Rockingham** Unit 2, 12 Leghorn Street,  
Rockingham

For maps of clinic locations visit  
[www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au)



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Delivering a **Healthy WA**

# Information on access for women with disabilities



Providing a quality service to meet individual needs



Department of Health



**13 20 50**

BreastScreen WA is a fully accredited partner in the BreastScreen Australia Program that provides a FREE, high quality screening mammography and assessment service for all eligible women in Western Australia.

**BreastScreen WA is committed to equal access for women with disabilities.**

### When should I have a screening mammogram?

A mammogram may detect a very small cancer before you or your doctor can feel it.

BreastScreen WA provides FREE screening mammograms to women 40 years or over with no breast symptoms, and specifically targets women aged 50 to 69 years.

BreastScreen WA encourages women aged 50 to 69 years to have a FREE screening mammogram every two years.

The benefit from having a screening mammogram every two years is greatest for women in this age group. Over 75 percent of breast cancers occur in women over 50 years of age.

**Women aged over 70 years** are still welcome to attend BreastScreen WA for a free screening mammogram every two years. While they are not actively recruited, the risk of breast cancer continues with age. Women over 70, may have other health priorities, but are encouraged to continue to have mammograms.

### About your screening mammogram

A screening mammogram is a low dose X-ray of a woman's breast. Screening mammograms are performed on women with no breast symptoms, for the purpose of detecting breast cancer at an early stage before it can be felt or noticed.

Finding a cancer at an early stage improves the chance of successful treatment.

### What does a mammogram involve?

A specially trained female radiographer will take your mammogram.

Usually two X-rays are taken of each breast. To obtain a clear picture and to minimise the radiation dose, the breast is positioned and compressed. This may be uncomfortable, but lasts only a few seconds.

Some women who use wheelchairs are unable to be positioned appropriately for a complete mammogram.

It is important that you are independently able to hold your head up and hold your arms clear of both your chest and the breast support table while the mammogram is taken.

The whole appointment takes about 30 minutes.



For women unable to have a complete mammogram other techniques such as ultrasound and thorough clinical examination may be more appropriate.

You should discuss these options with your GP.

### Your decision

Some women may feel embarrassed about having a mammogram. BreastScreen WA respects each woman's privacy and dignity. The choice to have a screening mammogram is yours. In making this decision you may wish to discuss your individual circumstances with your doctor.

### What else should I do?

Be breast aware:

- Get to know your breasts and what is normal for you. Look in the mirror at your breasts and feel your breasts from time to time.
- If you notice any unusual changes in your breasts such as lumps, nipple discharge, persistent new breast pain, or a rash, even if your last screening mammogram was normal, please see your GP promptly.
- Ask your GP to check your breasts regularly.

### Where can I have a FREE screening mammogram?

All BreastScreen WA services provide access for women with disabilities.

Extended appointment times and wheelchair access are some of the ways we can meet your individual needs.

Please advise the call centre staff of your specific requirements at the time of making your appointment so we can book an extended appointment or arrange an interpreter if necessary.

### Screening mammography services in the Perth metropolitan area.

All BreastScreen WA premises provide access for women who use a wheelchair.